

## **Julian's Recipe™ Cinnamon Waffles with Blueberry-Apple Compote and Yogurt**

### **Ingredients**

4 ea. Julian's Recipe™ Cinnamon Waffles

1 ½ Macintosh Apples, peeled, cored and chopped

1 cup Fresh Blueberries

Juice of ½ Lemon

3 oz. sugar

### **Method**

Mix all the ingredients well and cook over mid-high heat for 6-8 min.  
or until the fruit is soft.

Serve with Julian's Recipe™ Cinnamon Waffles and Plain Low Fat Yogurt.

**Serves 4**